HEALTH AND SOCIAL CARE	
Year 10	
Component 1 Human Lifespan Development You will: • explore how individuals develop physically, emotionally, socially and intellectually over time • investigate how various factors, events and choices impact individuals' growth and development • discover how people adapt to life events and cope with making changes.	Health and Social Care Services and Values You will: • learn which health and social care services are available • identify why people might need to use these services • discover who's involved in providing these services • explore what might stop people from accessing the services they need • look at the care values the sector has to make sure people get the care and protection they need.
Assessment: Internally assessed assignments (2) Weighting: 30% of total course Ye	Assessment: Internally assessed assignments (2) Weighting: 30% of total course ar 11
Component 3 Health and Wellbeing You will: • learn what 'being healthy' means to different people • explore the different factors that might influence health and wellbeing • identify key health indicators and how to interpret them • assess an individual's health using what they've learned • create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available • reflect on the potential challenges the person may face when putting the plan into action.	
Assessment: Externally assessed task, in which students create a health and wellbeing improvement plan for an individual, based on a brief Weighting: 40% of total course Exam can be taken in February or May	